



## Len Saputo, M.D., Medical Director

Internal Medicine, OrthoMolecular Medicine  
Photonic Stimulation for Pain Management

### Credentials

Len Saputo, M.D., is a graduate of Duke University Medical School and is board certified in internal medicine. He has been in private practice in the San Francisco Bay Area for more than 30 years. Over the past decade, Dr. Saputo has also played a leadership role in the development of an integrative, holistic model of practice that has come to be known as “Health Medicine.” In 1994 he founded the Health Medicine Forum, a nonprofit educational foundation, which has sponsored more than 350 public and professional events, including monthly presentations, workshops, and conferences featuring internationally renowned speakers. It is Dr. Saputo’s vision that has brought this model into clinical practice.

### Photon Stimulation for Conditions of

- Complex, painful conditions
- Arthritis
- Cervical and lumbar disc disease, failed back syndrome and spinal stenosis
- Injuries and fractures
- Headaches
- Neuropathies
- Post surgical pain
- Repetitive stress injuries and carpal tunnel syndrome
- Sports injuries
- Neuropathic pain: RSD

### Management of Chronic Diseases

- Heart disease treatment and prevention
- Cancer management strategies
- Gastrointestinal disorders
- Hypertension
- Diabetes and metabolic syndrome
- Chronic fatigue and fibromyalgia
- Allergic and autoimmune disorders
- Anxiety, depression, insomnia, PTS
- ALS, MS, Parkinson’s disease
- Women’s health including cancer, fibrocystic disease, fibroids, PMS, hormone balancing, osteoporosis

### Dr. Saputo’s Strategies Focus on

- The whole person, body, mind, emotion, and spirit
- An exceptional expertise in the use of integrative medicine—in knowing how and when to use various therapies in combination to obtain the greatest healing benefit.
- Using lifestyle strategies first whenever possible, but includes natural therapies and pharmaceutical drugs when necessary
- Mainstream clinical research. He is presently working with the VA and UCSF in a clinical trial on treatment of painful diabetic neuropathy using photonic stimulation.