

Marcia Straehley Stone

Licensed Acupuncturist, Certified Hypnotherapist,
Reiki, AcuTonics, Tui Na Energetic Therapist, Wellness Coach



Her caring sessions offer deep healing and relaxation. Marcia's clients call this "AcuBliss"

Background

Marcia is a licensed acupuncturist with broad training and expertise in various modalities and specialties. Her sessions are personalized and her practice is guided by patients' needs, not preset protocols. She listens, cares, and supports your health goals. She has an MS in Asian Medicine, certifications in Clinical Hypnotherapy, Wellness Coaching, Hands-on Acutonics and Reiki healing training, and Tui Na therapeutic massage. She also is earning a PhD in alternative wellness methods in the field of psychology. Most importantly, she brings skilled, gentle hands, receptivity, diagnostic acuity, and compassion to her personalized sessions. She works with you to help you find your inner joy, health and serenity by teaching self-care methods, exercises and breathwork.

How Acupuncture Can Help

Acupuncture is a 3,000-year-old practice for vibrant health and joy in both body and mind. Treatments induce profound mental and physical calm and rejuvenation. Stresses and illness fade, making sessions preventative. Research shows the body's hormones, blood, and neurochemistry are regulated. Pain cycles and inflammation ease. Hair-thin, disposable needles are gently and slightly inserted with guide-tubes so treatments are essentially painless. Microcurrent is subsensory and Electro-stim and Acutonics give a gentle tingling and vibrational glow. Hands-on touch deepens effects. Marcia also uses infrared light to aid healing.

Areas of Treatment:

- Fatigue, insomnia, low energy
- Stress, anxiety, insomnia or emotional distress due to work, or life-transitions
- Menstruation, menopause, fertility, pregnancy, and labor preparation and coaching
- Digestive problems, colds, allergies, headaches
- Injuries, joint sprains, tendonitis, or chronic pain, and surgery recovery and medicine reaction
- Side-effects from chemo
- Life-style changes, e.g., job search, weight loss, smoking
- Facial toning – your inner health glows in eyes and face